



August, 2025

SUNRISE NEWS AND VIEWS

Sunrise Presbyterian Church
825 E. Beloit
Salina, KS 67401

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Facebook: <https://www.facebook.com/sunrisepresbyterian>

Livestream: <https://www.youtube.com/@sunrisepresbyterian8200/streams>

Pastor: Rev. Debra Schmidt, pastordebschmidt@gmail.com

Weekly Regular Schedule of Events

Sunday morning:

- 9:00 am Youth Sunday School (Fall-Spring), begins September 7th
- 9:30 am in person and virtual Worship
- 10:30 am Fellowship
- 10:45 am Adult Sunday School (Fall-Spring); Current Issues (Summer)
- 10:50 am Bell Choir Rehearsal (Fall-Spring)

Tuesday morning:

- 11:00 am Lectionary Study Group

Wednesday evening:

- 6:00 pm Choir Practice (Fall-Spring)

Other Events

Sundays:

- Presbyterian Manor Worship – first Sunday, 3:00 pm (EOM)
- Grief Support Group – second Sunday, 2:00 pm
- Prayer Shawl Ministries – third Sunday, 2:00 pm

Mondays:

- Worship committee – first Monday, 6:00 pm
- Stewardship & Finance committee – second Monday, 5:30 pm
- Mission committee – second Monday, 6:30 pm
- Third Monday Book Study – third Monday, 1:00 pm
- Session meeting – fourth Monday, 6:00 pm

Tuesdays:

- Nurture & Evangelism committee – first Tuesday, 10:00 am

Wednesdays:

- Current Issues class – third Wednesday, 7:00 pm (Fall-Spring)

Meets periodically:

- Deacons, Building & Grounds committee, Personnel committee, Memorial committee.

Meetings & Events

PROFS meet on the first Wednesday of each month at 8:30 am in the MPR.

OUT TO LUNCH BUNCH will meet on Thursday, August 7, at 11:30 am at Chuck's Bar & Grill on N. Santa Fe. Please RSVP to Patti Breeding if you plan to attend.

Please turn in articles for the September **NEWSLETTER** by August 20.

CURRENT ISSUES SUMMER CLASS meets on Sundays at 10:45 am in the Parlor.

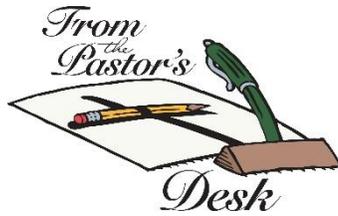
JULY COMMODITIES DISTRIBUTION

We had 58 families that we gave food today. I want to thank each of you for helping. We had a good crew. New helpers were Joy and Ron. Thanks again and if everything goes ok we will do this all over again in September. God bless! Sylvia Phillips

BLOOD PRESSURE CHECKS will resume in September. During the month of August one of the nurses would be glad to check yours for you.

RED CROSS BLOOD DRIVE will be held at Sunrise on August 27, 12-7; August 28, 12-7, and August 29, 8:30am - 2:00pm.

WOMEN'S CIRCLE STUDY BOOKS have arrived. Please pick up yours in the church office. Circles will resume meeting in September on the fourth Thursday of each month.



What are we doing? Who are we becoming?



Spiritual practices enhance our ability to filter out the noise and remain attentive to the voice of God speaking to us. And although spiritual practices may seem foreign to some of us, they can become a very intricate part in our lives of faith. Spiritual practices can help us be on the move for Christ while staying in the moment with Christ. Spiritual practices are not unlike physical practices, like yoga, where our practice helps us focus on centering – to notice our breath, to let go of stress, to let the demands of the world and of culture melt away, and to find inner peace in prayer and meditation, becoming at once close with God while remaining in awe of God.

This summer I've found new energy and better physical well-being in exercising with others – through water walking, yoga, and other exercise classes. Adding movement in a community setting has also added definition to my faith life. The relationships I'm enjoying in community are building up my spiritual muscles as much as my physical ones. I was never athletic (except for climbing trees and riding my bike all over town when I was a kid) and never liked "working out," but I'm learning that the discipline of stretching, moving, challenging myself, being an encouragement to others and being encouraged by them, makes every activity more meaningful and will surely remain important practices in my life for a long time.

So how does this relate to being a disciple of Jesus? I think it shows that small actions, good practices, effort, thoughtfulness about choices, and finding a community in which to be encouraged and challenged can together provide the support we need to persevere when we might feel like giving up. This worshiping community at Sunrise is a very good, encouraging, supportive environment where we get help from each other to flex our muscles and push ourselves to do better, grow more, teach others, worship together, and have faith. It is so very hard out there in the world and there are many people who need the love and support that we have within us in Christ to share. Rather than wrapping ourselves up in a blanket for protection, God calls us to go where we are needed, and to serve others in the same ways that Christ served. As we exercise our faith muscles, we will be stretched and formed into new creations in relationship with God and by the people we meet and grow to love.

What small changes might we make that would encourage us to even greater physical, spiritual, and emotional well-being? How might we strengthen our commitment to Christ through the actions of caring about and for others? Just like some do with physical exercise, it might be helpful to have an accountability partner to keep us honest about reaching for our goals. Reaching, trying, making baby steps, improvement little by little. One of the great benefits of staying the course with our spiritual practices is that we will become closer to God and grow deeper in faith as we walk with Christ and others in community. I hope you will take on a new challenge of exercising the joy of your faith in Jesus Christ by sharing your journey with others.

Joyfully serving Christ with you,
Pastor Deb



August 2025

SUN	MON	TUES	WED	THURS	FRI	SAT
					1 6:30 pm AI Anon 8 pm AA	2 Ice Cream Social 5:00-6:30p in MPR
3 9:30 Worship Communion 10:30 Fellowship 10:45 Current Issues Class 3 pm Presbyterian Manor Worship	4 6 pm Worship Committee	5 10:00 Nurture 11:00 Lectionary 8 pm AA	6 8:30 PROFS	7 11:30 Lunch Bunch @ Chuck's Bar & Grill on N. Santa Fe 6:30 pm Deacons	8 6:30 pm AI Anon 8 pm AA	9 9:00am – 2:30pm Women's Retreat
10 9:30 Worship 10:30 Fellowship 10:45 Current Issues Class 2 pm Grief Group	11 5:30 pm Stewardship & Finance Cmte 6:30 pm Mission	12 11:00 Lectionary 5:30 pm Building & Grounds 8 pm AA	13 6:00 pm Project Salina	14	15 6:30 pm AI Anon 8 pm AA	16
17 9:30 Worship 10:30 Fellowship 10:45 Current Issues Class 2 pm Prayer Shawl	18 1 pm 3 rd Monday Book Study	19 PNKS Presbytery meeting via Zoom 11:00 Lectionary 8 pm AA	20 NEWSLETTER DEADLINE	21	22 6:30 pm AI Anon 8 pm AA	23
24 9:30 Worship 10:30 Fellowship 10:45 Current Issues Class	25 6:00 pm Session	26 11:00 Lectionary 8 pm AA	27 Red Cross Blood Drive 12-7	28 Red Cross Blood Drive 12-7	29 Red Cross Blood Drive 8:30 am – 2:00 pm 6:30 pm AI Anon 8 pm AA	30
31 9:30 Worship 10:30 Fellowship 10:45 Current Issues Class 5 th Sunday Potluck						

COMMUNITY MENTAL HEALTH TOWN HALL PLANNED AUGUST 4, 5:30 pm

The Association of Community Mental Health Centers of Kansas and Central Kansas Mental Health Center will co-host a community mental health town hall at **5:30 pm on Monday, August 4**. The event will take place at **CKMHC Crossroads Building, 800 Elmhurst Blvd in Salina**.

FREE HEALTH & CANCER SCREENING

Open to the public. All ages welcome.
Registration required.

Tammy Walker Cancer Center, 511 S. Santa Fe
9:00-noon on October 4 or October 11

To sign up, contact Daniel Craig
Phone 785-452-4848 or Email: dacraig@srhc.com

In Service of the Church - August



Worship Assistants Schedule

August Lay Leaders

August 3 Nancy Klostermeyer
 August 10 Ann Zimmerman
 August 17 Nancy Modin
 August 24 Dean Atteberry
 August 31 Mark Zimmerman

August Greeters

August 3
 East door: Kim Gillam
 South door Sharon Herrington & Vicki Moss
 August 10
 East door: Deena Horst
 South door Jean Adam
 August 17
 East door: Patti Breeding
 South door Pat Breeding
 August 24
 East door: Sharon Hauser
 South door Rosie McKee
 August 31
 East door: Steve & Tanya Ewing
 South door Sharon Herrington

August Manor Drivers

August 3 Ed Viar
 August 10 Pat Breeding
 August 17 Dean Atteberry
 August 24 Larry Buyse
 August 31 Pat Breeding

Children's Message

We invite you to put your name on the roster near the MPR to sign up to give a children's message this Fall!

August Acolytes

Acolytes will resume lighting candles in September, unless they are in worship and wish to do so. Thank you to Lay Leaders and Ushers for filling this role for the worship of God each Sunday this summer!

August Ushers

August 3 Nancy Thompson
 Jane Alsop
 August 10 Judy Christensen
 Brenda Pilcher
 August 17 Ann Zimmerman
 Nancy Klostermeyer
 August 24 Melisa McElwee
 Kevin McElwee
 August 31 Kathryn Perney
 Abner Perney



Attendance Registers for June & July

	In person	You-Tube	Total		In person	You-Tube	Total
6/1	68	17	85	7/6	58	32	90
6/8	67	27	94	7/13	54	32	86
6/15	74	24	98	7/20	57	27	84
6/22	68	25	93	7/27	61	20	81
6/29	84	16	100				



Sunrise,

Thank you so much for making my graduation so special. I have enjoyed every moment at Sunrise, and I couldn't ask for a better support system. Thank you all so much for the gifts and words of wisdom. I love and appreciate each and every one of you, and I cannot wait to attend EMT school in the fall.

Thank you all again!!

Tacey



Dear Sunrise Congregation,

I want to thank everyone for the kind words, cards, and gifts. I want to especially thank all of you for the lovely picture. It will be hung in our home in a prominent place, where we can admire it every morning. Thank you to everyone again, I truly appreciate it.

Edie Hurtig



To everyone at Sunrise,

I would like to thank you for all of your cards, calls and visits. They mean the world to me, and your loving care is greatly appreciated!

Pat Tomlins



BIRTHDAYS & ANNIVERSARIES

- 1 Judy Christensen
- 5 Brayden McKnight
Ed Lee
Abner Perney
- 9 Bob & Mary Houck Anniv
- 11 Sharon Hauser
Linda & Terry Allen Anniv
- 12 Elena Ewing
- 13 Sharon Anderson
Madilynn Bolen
Steve & Tanya Ewing
- 14 Steve Hoekstra
- 17 Don Smishney
- 21 Ethan Bolen
Tom & Sylvia Phillips Anniv
- 22 Kathryn Lee
- 23 Nancy Modin
- 24 Marilyn Griffith
- 25 Rylie Allmond
- 26 Rodney Orr
- 27 Lloyd & Mary McCall Anniv
- 29 Daelan McKnight
- 30 Ken & Nancy Klostermeyer
- 31 Valerie Coberly
Bill McDevitt

STEWARDSHIP & FINANCE



As we gear up for back-to-school season and settle into fall routines, don't forget to bring your stewardship habits with you! Just like packing lunchboxes and setting alarms, regular giving helps keep our church thriving and ready to serve. Let's kick off this season strong—together we make a difference!

Stephanie Cool, Moderator
Stewardship & Finance committee

FINANCIAL UPDATE

End of May 2025	
Year to Date Income	\$ 85,975
Year to Date Expenses	\$<102,676>
Difference	\$< 16,701>
End of June 2025	
Year to Date Income	\$ 105,280
Year to Date Expenses	\$<123,011>
Difference	\$< 17,731>

DON'T FORGET

The next Stewardship & Finance meeting will be held on Monday, August 11 at 5:30 pm.



SUNRISE PRESBYTERIAN CHURCH A GIFT IN HONOR OF ...

We invite you to share your appreciation for someone's help, for their commitment to service or witness to the ministry of Jesus Christ. Maybe someone is having a birthday, celebrating an anniversary, graduating, or having another life event that gives you an opportunity to say "thank you" or "congratulations" to them. If so, clip this form or find one on the table outside the church office, and fill it out and send it, along with your check, to Sunrise, and we will announce your gift to your honoree in our next newsletter (unless you want to remain anonymous). Who are you thankful for? Show them you care by honoring them.

**IN
HONOR
OF**

In Honor of _____

Date: _____ Amount: _____

Do you prefer that your gift remains anonymous? Yes ___ No ___

I would like to honor them because: _____

Honoree's address: _____

Donor: _____

WOMEN'S RETREAT

"Holy Listening; Taking a Leap of Faith" will take place Saturday, August 9, 2025 at Sunrise. Our ladies and friends have been invited to spend the morning and part of the afternoon together to seek God and fellowship from 9:00am-2:30pm.

Registration officially closed July 20...but like jello...there is always room for a bit more! If you find you CAN attend, please contact one of us and let's make it happen. It will be a casual, thoughtful, fun-filled time for us all. 💙

"For in him we live and move and have our being." Acts 17:28a

Your 2025 Retreat Team

Jane Alsop, Nancy Modin, Carol Viar, Pastor Deb Schmidt, Julie Parks



FIFTH SUNDAY POTLUCK

Time for another 5th Sunday Potluck dinner. It will be held on Sunday, August 31st at 11:30 am in the MPR. Main course has not been decided upon as of this writing, but it will be provided by the church. Also provided will be table service, tea and coffee.

Please bring a side dish or dessert to share. All are welcome to enjoy the food and fellowship. Main course will be revealed in the bulletin and Enews.

Nurture & Evangelism Cmte.

YOUTH SUNDAY SCHOOL KICKS OFF SEPTEMBER 7TH!

Mark your calendars! **Youth Sunday School** will begin on **Sunday, September 7, 2025**, from 9:00am until the start of church service at 9:30am. All kids are welcome to attend for a fun and engaging learning experience!

The Christian Education committee is currently looking for enthusiastic **volunteers to teach** Sunday School classes. It's easy to get involved: simply pick a week to sign up for and select one of the activities from the **sign-up sheets** located on the **Sunday School bulletin board** (across from the office).

Once you volunteer, someone from the committee will send you the **lesson plans**, which are already done and very easy to follow. You can even preview samples of the overview at the Sunday School bulletin board table.

If you are interested in volunteering or would like more information, please contact **Mindy Johnson** at mindy.s.johnson@gmail.com or 785-819-5024. Your participation helps make Sunday School a success!



GRATITUDE

Every month, we receive many expressions of gratitude from agencies and projects we support all year long. It's a reminder that every little and big contribution we make is significant and meaningful to someone somewhere in our community. We give thanks for the opportunities we have received that allow us to give back and to support our sisters and brothers in Christ. THANK YOU for your stewardship and giving that helps make this possible.

PROJECT SALINA

Food Drive

SALINA FOOD BANK

Monthly Support

CKF ADDICTION TREATMENT

Monthly Support

SALINA GRACE

Monthly Support

SALINA RESCUE MISSION

sent this note:

Brothers and sisters in Christ, thanks to your support we recently celebrated the graduation of two men from our New Life Program. Your partnership made their Christ-centered transformation possible. Your gifts bring life-changing miracles to life. God bless you!

From SALINA EMERGENCY AID FOOD BANK:

Thank you for your in-kind donation of food items in June. Your contribution makes a big impact on our ability to serve this community. And without your support, we could not meet the demand for food assistance and other essential requests! From all of us at the Food Bank, Thank you!

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neither death, nor life,
nor angels, nor rulers, nor
things present, nor things to
come, nor powers, nor height,
nor depth, nor anything else
in all creation, **Will** be
able to **separate**
us from the love
of God in Christ
Jesus our Lord.

ROMANS 8:38-39, NRSV

Sunday Mornings

9:30 am in person and virtual Worship

10:30 am Fellowship

10:45 am Sunday School

Sunrise Presbyterian Church

825 E. Beloit, Salina, KS (785) 823-6344

General Office Hours:

8:00 am-noon, M-F, and Wed. 1pm-5pm

Financial Office Hours: 10am-noon, Mon. & Thurs.

Pastor: Rev. Deb Schmidt

Director of Music & Bell Choir: Matthew Schwan

Organist: Sue Will

Church Treasurer: JoAnn Gile

Financial Secretary: Karmel Spencer

Office Administrator: Edie Hurtig

Custodian: Greg Kerr